



# RGS Co-Curricular Programme – Autumn 2024

**Respect**  
**Growth**  
**Support**

**Try something new.**  
**Stay curious.**  
**Get involved. Grow.**



|                           |                           |   |  |
|---------------------------|---------------------------|---|--|
| MONDAY                    | MUSIC                     | Junior Strings  | With Mr Barker in MU1 from 1:00-1:30   |
|                           |                           | Guitar Ensemble   | With Mrs Morpeth in MU2 from 1:00-1:30   |
|                           | CLUBS                     | History Film Club   | With Mrs Fell in HL04 every Monday lunch time. All years welcome.  |
|                           |                           | Chess Club  | With Mr Saxon in S07 from 1:10 – 1:40. All years welcome   |
|                           | SPORT                     | U12-U16 Football  | Years 7-11 with Mr Milner, Mr Harding and Mr Rutter, 3G, 1:10-1:40.  |
|                           |                           | U13 & U14 Gymnastics  | Years 8 & 9 with Mrs Binks in the Gym, 1:10-1:40   |
|                           |                           | U12 Hockey  | Year 7 on the Astro with Mrs Mortimer, 1:10-1:40.  |
| U14 Netball               |                           | Year 9 in the Sports Hall with Mrs Beechinor, 1:10-1:40   |  |
| ACADEMIC                  | U13 Netball               | Year 8 in the Sports Hall from 4:00-5:00  |  |
|                           | Latin (Year 10)           | Monday lunchtime in L4 with Mr Weston.  |  |
|                           | Biology Drop-in / Support | In S02 every Monday and Wednesday lunchtime.  |  |
| TUESDAY                   | MUSIC                     | Senior Girls' Choir   | With Mr Barker in MU1 from 1:10-1:40 (Years 10-13)   |
|                           |                           | Musicality  | With Mrs Morpeth in MU2 from 1:10-1:40   |
|                           |                           | Big Band  | With Mr Barker from 4:00-5:00 (Grade 4 upwards by invitation)  |
|                           | CLUBS                     | Aerospace Cadets  | With Mr Barker and Mr Shovlin in S09. Years 7 & 8.   |
|                           |                           | Miniature Painting Club   | With Mr Ward in A2 from 1:15-1:45. All years welcome, starts on Tuesday 17 <sup>th</sup> Sept.   |
|                           | SPORT                     | U12-16 Girls' Football  | Years 7-11. With Mr Milner and Mr Harding on the 3G, 1:10-1:40   |
|                           |                           | U14 & U15 Basketball  | Years 9 & 10. With Mr Rutter in the Gym. 1:10-1:40.  |
|                           |                           | U14-18 Badminton  | Years 9-13. With Mrs Howe in the Sports Hall. 1:10-1:40  |
|                           |                           | U16 & U18 Rugby   | Years 11-13. With Mr Harding on the 3G. 4:00-5:00.   |
|                           | ACADEMIC                  | Climbing Club   | With Mr Barrass-Hemens from 4:00-5:00 in the Sports Hall. This club is open to students in years 8-13.   |
|                           |                           | U12 & U13 Basketball  | With Mr Fearnley in the Sports Hall from 4:00-4:45. (Starts in November)   |
| Ancient Greek             |                           | Tuesday lunchtime in L4 with Mr Weston. All welcome.  |  |
| Latin (Year 11)           |                           | With Mr Weston in L4 from 4:00-5:00   |  |
| Geo-Achievers             |                           | Geography sessions for GCSE and A Level students aiming at improving exam technique, 1:15-1:45 with Mrs Wainwright in A1. |  |
|                           | PE Clinic                 | Years 10-13 with Mrs Beechinor.   |  |
|                           | Art Catch-up              | Years 10-13 in A2 with Mrs Henson and Mrs Howe. 4:00-5:00   |  |
| WEDNESDAY                 | MUSIC                     | Brass Ensemble  | With Mr Barker during morning registration (grade 4 upwards)   |
|                           |                           | Wind Band   | With Mr Barker from 1:10-1:40 (Grade 2 upwards)  |
|                           |                           | Wind Band – Sectionals  | With Mrs Morpeth in MU2 from 1:10-1:40   |
|                           | CLUBS                     | Urban Saints  | Exploring questions of life, identity and faith. With Mrs Harrison in HL04 from 1:00-1:40. All years welcome.                                    |
|                           |                           | Number Puzzle Club  | With Mr Barrass-Hemens in M5 from 1:10-1:45. Come along and solve Sudoku / Kakuro / Nonagrams and other number puzzles. All year groups welcome. |
|                           |                           | Philosophy and Ethics Film Club   | With Mrs Jackson in HL02 from 1:00-1:45. For students in years 12 & 13   |
|                           | SPORT                     | U12 & U13 Rugby   | Years 7 & 8. With Mr Johnson and Mr Rutter on the 3G. 1:10-1:40.   |
|                           |                           | U13 Hockey  | Year 8. On the Astro, 1:10-1:40  |
|                           |                           | U15 & U16 Netball   | Years 10 & 11. With Mrs Binks in the Sports Hall. 1:10-1:40.   |
|                           | ACADEMIC                  | Latin (Year 11)   | Wednesday lunchtime in L4 with Mr Weston.  |
| Latin (Year 10)           |                           | In L4 with Mr Weston from 4:00-5:00.  |  |
| KS5 Physics Drop in       |                           | Drop-in clinic in S09 for A Level Physics students from 1:15.   |  |
| Biology Drop-in / Support |                           | In S02 every Monday and Wednesday lunchtime.  |  |
| Art Catch-up              |                           | Years 10-13 in A2 with Mrs Henson and Mrs Howe. 4:00-5:00   |  |
| THURSDAY                  | MUSIC                     | Chamber Orchestra   | With Mr Barker in MU1 from 1:10-1:40 (grade 4 upwards by invite)   |
|                           |                           | Chamber Choir   | With Mr Barker in MU1 from 4:00-5:00 (by audition)   |
|                           | CLUBS                     | STEM Club   | With Mrs Gallagher in S05 from 1:15-1:45. Years 7 & 8.   |
|                           |                           | U14 & U15 Rugby   | Years 9 & 10. With Mr Milner, Mr Harding and Mr Rutter on the 3G. 1:10-1:40.   |
|                           | SPORT                     | U12 Netball   | Year 7. With Mrs Binks in the Sports Hall. 1:10-1:40.  |
|                           |                           | Running Club  | With Mrs Mortimer and Mrs Rickard. 1:10-1:40   |
|                           |                           | U14-16 Hockey   | Years 9-11. With Mrs Mortimer and Mrs Gilfillan on the Astro. 4:00-5:00  |
|                           |                           | U18 Indoor Hockey   | Years 12-13. With Mrs Gilfillan and coach in the Sports Hall. 4:00-5:00  |
|                           |                           | U18 Football  | Years 12-13. With Mr Cocks on the 3G. 4:00-5:00  |
|                           |                           | Swimming  | All years. In the pool with Mrs Curtis.  |
| ACADEMIC                  | Geo-Achievers             | Geography sessions for GCSE and A Level students aiming at improving exam technique, 1:15-1:45 with Mrs Wainwright in A1. |  |
|                           | KS4 Physics-Drop in       | Drop-in clinic in S09 for GCSE students from 1:15.  |  |
| FRIDAY                    | MUSIC                     | Man Choir   | With Mr Barker in MU1 from 1:10-1:40   |
|                           |                           | Music Theory  | With Mr Barker in MU1 from 4:00-5:00   |
|                           | CLUBS                     | Drafted Dreams: Aspiring Authors' Club  | With Mrs Sayers in N6 from 1:10-1:40. Students in years 7-9.   |
|                           |                           | Jigsaw Club   | With Mrs Pang in M2 every Friday lunchtime. This group is mainly aimed students in years 7-9, but all are welcome.                               |
|                           |                           | SPAG (Science Programmes are Great) Club  | With Mrs Gallagher in N2 from 1:15-1:45. These sessions will cycle through different Biology, Chemistry and Physics programmes.                  |
|                           | SPORT                     | Chess Club  | With Mr Saxon in S07 from 1:10 – 1:40. All years welcome   |
|                           |                           | U14 Hockey  | Year 9. With Mrs Mortimer on the Astro. 1:10-1:40.   |
|                           | U15-18 Waterpolo          | Years 10-13. In the pool with Mrs Curtis. 1:10-1:40.  |  |

**Duke of Edinburgh Award** Bronze award open to all in years 10 & 11. Gold Award open to all in years 12 & 13. Contact [smithr@ripogrammar.com](mailto:smithr@ripogrammar.com)

**House Drama Competition** Open to all year groups, rehearsal dates and times will vary. Please see house noticeboards for details and audition info.